

HAPPENINGS

YOUR MONTHLY GUIDE TO ALL THINGS MWR AT NAS FORT WORTH JRB!

Murder Mystery

Dinner Theater

Enjoy an elegant dinner and help solve the crime!
Open to all with base access

Friday, February 17
6 PM SHARP
Lone Star Center
BLDG 2570

Advance Price:

One Ticket for \$20.00
or Two for \$35.00

At the Door:

Tickets \$25.00 each

Purchase tickets at T&T
BLDG. 1815
(817) 782-6121
or
Lone Star Center
BLDG. 2570
(817) 782-5293/7237

Reservations Required!

Tickets will only be sold at the door if there are any remaining.

Do you have what it takes to solve the case?



Download the MWR App!



NAS Fort Worth JRB • MWR

HOURS OF OPERATION

Effective February 2017



Administrative Office

Bldg. 1525 • (817) 782-7745

Monday - Friday: 8:00 a.m. - 4:30 p.m.

Saturday - Sunday: CLOSED

Action Zone - CYP School Age Program

Bldg. 1145 • (817) 782-7566

Monday - Friday: 5:00 a.m. - 7:00 p.m.

Saturday - Sunday: CLOSED

Aquatic Center

Bldg. 3319 • (817) 782-1220

Monday - Friday:

6 a.m. - 10 a.m.: Active Duty PT

6 a.m. - 1 p.m.: Open/Lap Swim

10 a.m. - 11 a.m.: Group Ex/Inst.

1 p.m. - 3 p.m.: Closed for Cleaning

3 p.m. - 6 p.m.: Open/Lap Swim

Saturday - Sunday:

7 a.m. - 5 p.m.: Open/Lap Swim

Auto Skills/Property Storage

Bldg. 1145 • (817) 782-6375

Sunday and Monday: CLOSED

Tuesday - Friday: 10 a.m. - 6 p.m.

Saturday: 9 a.m. - 5 p.m.

Child Development Center

Bldg. 3320 • (817) 782-7520

Monday - Friday: 5:00 a.m. - 7:00 p.m.

Saturday - Sunday: CLOSED

Fitness Center

Bldg. 1810 • (817) 782-7770

Sunday: 7 a.m. - 4 p.m.

Monday - Saturday: 5 a.m. - 8 p.m.

Human Resources Office

Bldg. 1510 • (817) 782-7787/7061/7571

e-mail: FTWO.MWRJobApplications@navy.mil

Monday - Friday: 8:00 a.m. - 4:00 p.m.

Closed 10 a.m. - 11 a.m. 1st & 3rd Weds. of Month

Saturday - Sunday: CLOSED

Liberty - Single Sailor Program

Bldg. 1866 • (817) 782-3175

Sunday - Saturday: 12 p.m. - 10 p.m.

Library

Bldg. 1802 • (817) 782-7735

Sunday: CLOSED

Monday - Wednesday: 9 a.m. - 6 p.m.

Thursday: 9 a.m. - 6:30 p.m.

Friday: 9 a.m. - 4:30 p.m.

Saturday: 11 a.m. - 5 p.m.

Lone Star Conference Center

Bldg. 2570 • (817) 782-5293

Monday - Friday: 9 a.m. - 3 p.m.

Call for appointment

Saturday - Sunday: CLOSED

Movie Reel

Bldg. 1845 • (817) 782-6037

Call for Movie Schedule

Friday, Saturday & Sunday

Various Movie times

Outdoor Recreation

Bldg. 3328 • (817) 782-5551

Sunday - Monday: 10 a.m. - 5 p.m.

Tuesday - Wednesday: CLOSED

Thursday: 10 a.m. - 5 p.m.

Friday: 11 a.m. - 6 p.m.

Saturday: 10 a.m. - 5 p.m.

School Liaison Officer

Bldg. 1145 • (817) 782-1873

Monday - Friday: 8 a.m. - 4:30 p.m.

Call for appointment

Saturday - Sunday: CLOSED

"TEN" Grill (Effective Feb. 6)

Bldg. 1815 • (817) 782-5505

Sunday - Thursday: 6 a.m. - 7 p.m.

Friday - Saturday: 6 a.m. - 8 p.m.

"TEN" Bowling Center (Effective Feb. 6)

Bldg. 1815 • (817) 782-6122

Sunday: 11 a.m. - 9 p.m.

Monday - Wednesday: 11 a.m. - 7 p.m.

Thursday: 11 a.m. - 9 p.m.

Friday - Saturday: 11 a.m. - 10 p.m.

"TEN" Bar (Effective Feb. 6)

Bldg. 1815 • (817) 782-7919

Sunday: 4 p.m. - 9 p.m.

Monday - Wednesday: CLOSED

Thursday: 4 p.m. - 9 p.m.

Friday - Saturday: 4 p.m. - 12 a.m.

Tickets & Travel

Bldg. 1815 • (817) 782-6121

Sunday - Monday: CLOSED

Tuesday - Saturday: 10 a.m. - 5 p.m.

** All hours are subject to change*

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HAPPENINGS

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TEXAS INDEPENDENCE DAY CELEBRATION

Thursday, March 2 • 10am-2pm

Bowling Center Parking Lot BLDG 1815



Can I get a BIG YEEHAW!

**Come help us celebrate the 181st
anniversary of the Republic of Texas!**

**Enjoy Armadillo Racing, Mechanical Bull
Riding, LIVE Longhorn steer, DJ Music, and
Texas themed food!**



**FREE event for all, Texas themed food
additional charge**



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PAINTBALL TRIP

@ FUN ON THE RUN

SATURDAY, FEBRUARY 25
DEPART FROM ODR BLDG 3328
@ 11AM

\$30 PER PERSON

PRICE INCLUDES: PAINTBALL MARKER, UNLIMITED AIR,
 PAINT, AND PROTECTIVE MASKS
 AGES 10 AND UP ONLY



Sign up at:
 Outdoor Recreation BLDG 3328
 (817) 782-5551



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DUTCH OVEN COOKING CLASSES



ODR Leisure Skill Clinics: Dutch Oven Series
BLDG 3328 • 4pm-5pm • Thurs. Feb. 2, 9, 16, 23
Open to all with base access

In February, ODR is celebrating all things tasty with that wonderful, mysterious DUTCH OVEN! Come take a class for the knowledge but stay for the amazing cobbler!

The first Thursday of February we will be hosting an "Intro to Dutch Oven Cooking" class. Each Thursday thereafter, we will be trying AND cooking different recipes.

Come join the fun at Outdoor Recreation... Where adventure lives!



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Outdoor Recreation Presents

PADDLE BOARDING & LOG ROLLING at the Aquatic Center



Equipment and instruction provided FREE of charge. Learn basic paddle boarding skills, log rolling, and safety in this instructional course. For more information call (817) 782-5551 or visit the ODR Lakeside BLDG 3328

FREE Event for active duty & families who are Sponsored by Military/DoD/Retired

Saturday, Feb. 18, Mar. 18, & Apr. 15 11am - 1pm
@ the Aquatic Center BLDG 3319



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Day Trippin' With Tickets & Travel

Bldg. 1815 (817) 782-6121

FEBRUARY

Winstar World Casino Day Trip
 February 6th • Depart at 9:30am • \$10 per person
 Sign up by January 27th

Angel Fire Ski Trip
 February 10th-13th • Prices vary, call for details
 or download the trip packet at:

www.navymwrfortworth.com/recreation/community-recreation/tickets-travel
 Sign up by February 3rd

Modern Art Museum Day Trip
 February 22nd • 10am-4pm • \$8 adult/\$5 child
 Sign up by February 14th

Texas Motor Speedway Tour
 March 4th • 9:30am-4pm • \$15 adult/\$13 child
 Sign up by February 24th



All trips include transportation from T&T, Bldg. 1815

SUPER BOWL WATCH PARTY

SUNDAY, FEBRUARY 5TH @ 3PM
TEN BOWLING CENTER BLDG 1815

\$10 COVER

Includes: Bowling & Shoes, Buffet, non-alcoholic beverages, snacks, football pool entry, and more!



**Join us at the TEN for an afternoon
of Food, Football and Fun!**

Featuring:

- **Madden Tournament**
- **Football Pool: win \$15 Buffalo Wild Wings Gift Cards!**
- **Awesome Buffet including: chips, salsa, queso, wings, jalapeno poppers, hot dogs and chilli, tater tots, fried mushrooms, meatballs, and pizza!**

Call 817-782-6122 for details!

www.navymwrfortworth.com

facebook.com/NASFWMWR

WEEKLY BOWLING HAPPENINGS!

TEN Bowling Center • BLDG 1815 • (817) 782-6122



Lunch & Bowl

Monday - Friday • 11am-1pm

FREE game of bowling, per person, with any lunch order valued at \$3.50 or more. Shoes additional charge. First come, first served when lanes are available. Holidays Excluded.



Squadron Team Building

Friday • Noon-4pm

Enjoy FREE bowling with your fellow commands on our weekly team building days! Shoes additional charge. Grill open for refreshments. RESERVATIONS REQUIRED



Bowling 2.0 Class

Thursday beginning Feb. 9 • 6:30pm-8pm

Join us for this 4 week course and bowl better in 4 weeks, FREE! Continue the fun on March 9 in an 8 week league and get your very own bowling ball at the end!



Cosmic Bowling

Friday & Saturday • 8pm-close

Bowl under the neon lights and dance to the music and light show every Friday & Saturday night!



Sunday Funday

Sunday • ALL DAY!

Come out with your family and friends for Sunday Funday at the TEN! Now offering \$1.50 bowling games ALL DAY with Cosmic Bowling from noon-5pm!!! Shoes additional charge.



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How easy is it to bowl better?

It's FREE!
Begins Thursday,
February 9th
6:30pm - 8:00pm

Can you count to four?

BOWL BETTER IN 1 2 3 4 WEEKS

New classes now forming!



Bowl Better In 4 Weeks



After the course, continue the fun in an 8 week league beginning March 9th...Get a bowling ball of your very own at the end!

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Contact or Visit the Bowling Center to sign up!

(817) 782-6122 • BLDG 1815

We're Hiring!

now hiring

We're looking for great people just like you!

Our mission is to contribute to the retention, readiness and mental, physical and emotional well-being of military personnel and to the welfare of their families by providing a varied program of recreational, social and community activities.

To Apply, Visit:

www.navymwrfortworth.com/jobs



FREE

Coffee & Donuts

Auto Skills Open House

Wednesday, February 22 • 8am-10am

Auto Skills BLDG 1145 • (817) 782-6375

Join the Auto Skills shop for
FREE Donuts and Coffee!

Tour the facility and learn
about what MWR Auto
Skills can offer you... did
you know that Auto Skills
has the tools to allow you
to do most repairs on your
vehicle? Come by to learn
more!



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AUTO SKILLS OFFERS ...

HOW TO... Change Your Oil

1st and 3rd Thursdays of every month

11AM - 4 PM
at Auto Skills
Bldg. 1145

Informational instruction only.
No personal vehicles.

For more information stop by
Auto Skills (Bldg. 1145) or call
(817) 782-6375



**FREE
HOW TO
CLASSES!**



Ready for your Dream Vacation? Did you know...

The Ticket and Travel Department agents may assist you with **tours, cruises, and vacation packages including Walt Disney World, and Sandals Resorts and Beaches!** For travel, agents may book air/car/hotel packages together or separate. Call our travel agents to set up your appointment for a quote today! Please allow three to seven business days to process your quote.

Travel Planning is by appointment only. Appointments are Tuesday-Saturday and last one hour. Call 817-782-6121 to make an appointment or visit us in BLDG 1815 to set yours up!



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Lone Star Conference Center



The Lone Star Center is available for your next special event whether it is a formal affair, wedding reception, meeting, or conference, our team will make your occasion spectacular!

Room rentals range from \$100 - \$525.

A full service bar, catering, and linens are available for an additional cost.

To schedule an appointment or for more information please email
Cathryn.Wynter@navy.mil
or call
(817) 782-5293

Group Ex Schedule

Fitness Center

Sunday: 7 am - 4 pm

Monday - Saturday: 5 am - 8 pm

Holiday Hours Vary

	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
0700	Unit PT Per Request	Unit PT Per Request	Spin (Tier I/II)	Unit PT Per Request	Unit PT Per Request	
0900		Pump It Up (Tier I)	Pilates (Tier I)			
1000	Water Aerobics (Tier I) NOFFS Series 1030 (Tier I/II/III)		Water Aerobics (Tier I) NOFFS Series 1030 (Tier I/II/III)		Water Aerobics (Tier I) NOFFS Series 1030 (Tier I/II/III)	
1130	Spin (Tier I/II)	H.I.T.T. (Tier III) 1130-1230	Yoga (Tier I/II)	H.I.T.T. (Tier III) 1130-1230		
1200						
1230	Step Aerobics (Tier I/II)		Step Aerobics (Tier I/II)		Step Aerobics (Tier I/II)	
1700	PT Prep		PT Prep		PT Prep	
1800						

Free for Active/DoD Civ/Reservists • Guest Fee - \$4.00 Daily

Classes and times are subject to change

Unit PT Per Request: We require a 48 hour advance notice for our Fitness Staff to teach as well as an accurate head count.

Spin: Using a stationary studio cycle, intensity can be increased or decreased by changing the resistance level on the flywheel. Cycling builds endurance and trains leg muscles to be strong while being low impact to knees, ankles, and feet.

Step Aerobics: A step aerobics class utilizes an elevated platform or step that can often be adjusted to various heights. These exercises include arm movements, shifting the body weight, stepping up and over to the other side of the platform and doing various dance moves to increase your breathing and heart rates.

Pilates: This is a toning class which focuses on building muscle strength, core strength, balance, flexibility, and incorporates breathing, which provides engagement for both the mind and the body during the workout.

Yoga: Yoga combines physical exercises, mental meditation, and breathing techniques to strengthen the muscles and relieve stress.

H.I.T.T.: The high intensity tactical training (HITT) program's primary purpose is to enhance operational fitness levels and optimize combat readiness and resiliency for the military population. All levels of fitness are welcome

PT Prep: Training in large group settings with varied fitness levels and challenging workouts to successfully meet the PT standards.

NOFFS: The Navy Operational Fitness and Fueling System (NOFFS) provides the Navy with "best in class" physical fitness and nutrition information for Sailors, allowing the Navy to maintain peak physical readiness. NOFFS SES will provide three different series including Strength, Endurance and Sandbags. The Strength Series helps develop the strength that is needed to perform at the highest of levels. There are three training phases within the series intended to progressively build a user's total work capacity and improve cardiovascular fitness. The Endurance Series focuses on developing cardiovascular fitness while providing methods to improve muscular strength. The Sandbag Series provides you with a training plan that can be performed in environments with limited equipment options developing the raw strength and power needed to meet the performance demands placed upon you in any environment.

Water Aerobics @ the Aquatic Center: This high/low intensity class is designed to improve cardio condition, alternating the strength/balance and core training segments. Water exercise is an excellent modality for cross training and gives knees the backs a break from land based cardio workouts.

Class Tiers: Tier I is a basic introduction to the class exercise protocol which is low impact and on the lower/ beginner of the RPE (Rating of Perceived Exertion). Tier II is a medium impact class protocol with adjusted levels of intensity based on the student an instructor RPE Scale. Tier III is an advanced high impact class exercise protocol with RPE Scale being on the maximum end.

Fitness Center BLDG 1810 • (817) 782-7770

Aquatic Center BLDG 3319 • (817) 782-1220



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2017 Captain's Cup

NAS Fort Worth JRB



Sports Coordinator: Jimmy Nelson, (817) 538-8204, (817) 782-1269
Email: james.w.nelson3@navy.mil

Basketball

Deadline to Enter: 1300, 05 Jan
 Coaches Meeting: 1300, 05 Jan
 Schedule Pick-Up: 0800, 10 Jan
 League Starts: 1700, 17 Jan

Racquetball Tournament

Deadline to Enter: 1300, 17 Feb
 Coaches Meeting: 1300, 17 Feb
 Schedule Pick-Up: 0800, 22 Feb
 League Starts: 1700, 17 Mar

Captain's Cup 5k

Deadline to Enter: 1300, 22 Jun
 Coaches Meeting: 1300, 22 Jun
 Registration: 0600, 04 Aug
 Race Begins: 0700, 04 Aug

Tennis

Deadline to Enter: 1300, 22 Sep
 Coaches Meeting: 1300, 22 Sep
 League Starts: 1700, 13 Oct

Cowtown Half Marathon

Deadline to Enter: 1900, 22 Feb
 Team Meeting: 1900, 22 Feb
 Race Starts: 0730, 24 Feb

Spring Softball

Deadline to Enter: 1300, 10 Mar
 Coaches Meeting: 1300, 10 Mar
 Schedule Pick-Up: 0800, 14 Mar
 League Starts: 1700, 18 Apr

Volleyball

Deadline to Enter: 1300, 14 Jul
 Coaches Meeting: 1300, 14 Jul
 Schedule Pick-Up: 0800, 19 Jul
 League Starts: 1700, 08 Aug

Winter Basketball Tourn.

Deadline to Enter: 1300, 06 Nov
 Coaches Meeting: 1300, 06 Nov
 Schedule Pick-Up: 0800, 10 Nov
 League Starts: 1700, 27 Nov

6 on 6 Soccer

Deadline to Enter: 1300, 03 Feb
 Coaches Meeting: 1300, 03 Feb
 Schedule Pick-Up: 0800, 07 Feb
 League Starts: 1700, 14 Mar

Bowling League

Deadline to Enter: 1300, 16 Mar
 Coaches Meeting: 1300, 16 Mar
 Schedule Pick-Up: 0800, 30 Mar
 League Begins: 1700, 13 Apr

Flag Football (7 on 7)

Deadline to Enter: 1300, 25 Aug
 Coaches Meeting: 1300, 25 Aug
 Schedule Pick-Up: 0800, 30 Aug
 League Starts: 1700, 12 Sep



****Use this only as a guide. All dates and times are subject to change****
The Captain's Cup Sports Program is established for all active duty/reservists and their commands

2017 Intramural Sports

NAS Fort Worth JRB

Sports Coordinator: Jimmy Nelson, (817) 538-8204, (817) 782-1269
Email: james.w.nelson3@navy.mil

30 & Over Basketball

Deadline to Enter: 1300, 05 Jan
 Coaches Meeting: 1300, 05 Jan
 Schedule Pick-Up: 0800, 10 Jan
 League Starts: 1700, 23 Feb

Ultimate Frisbee

Deadline to Enter: 1300, 03 May
 Coaches Meeting: 1300, 03 May
 Tournament Starts: 1500, 20 May

Badminton League

Deadline to Enter: 1300, 08 Jun
 Coaches Meeting: 1300, 08 Jun
 Schedule Pick-Up: 0800, 29 Jun
 League Starts: 1500, 15 Jul

Wally Ball

Deadline to Enter: 1300, 20 Jan
 Coaches Meeting: 1300, 20 Jan
 Schedule Pick-Up: 0800, 24 Jan
 League Starts: 1500, 04 Feb

Sand Volleyball

Deadline to Enter: 1300, 24 May
 Coaches Meeting: 1300, 24 May
 Schedule Pick-Up: 0800, 08 Jun
 League Starts: 1500, 24 Jun

Corn Hole Tournament

Deadline to Enter: 1300, 17 Sep
 Coaches Meeting: 1300, 17 Sep
 Schedule Pick-Up: 1100, 18 Sep
 League Starts: 1700, 06 Oct

Darts & Billiard

Deadline to Enter: 1300, 16 Feb
 Coaches Meeting: 1300, 16 Feb
 League Starts: 1100, 24 Mar

Dodge Ball

Deadline to Enter: 1300, 25 May
 Coaches Meeting: 1300, 25 May
 Schedule Pick-Up: 0800, 06 Jun
 League Starts: 1700, 10 Jun

Power Lifting Meet

Deadline to Enter: 1700, 30 Nov
 Coaches Meeting: 0900, 02 Dec
 League Starts: 1000, 02 Dec



****Use this only as a guide. All dates and times are subject to change****
The Intramural Program is established for all DoD card holders

Swimming Lessons at the Aquatic Center!

PRIVATE SESSIONS:

- Monday, Wednesday, Friday from 5pm-5:45pm (dates to be scheduled with instructor)
 - \$45 per 6 sessions
- Open to all from 6 months of age to adults
- One family per session with maximum 5 participants

CLASS LEVELS:

(Swim evaluations will be given to determine starting level)

- Mommy and Me
- Level 1: Intro to Water Skills
- Level 2: Fundamental Aquatic Skills
- Level 3: Stroke Development
- Level 4: Stroke Improvement
- Level 5: Stroke Refinement
- Level 6: Swimming and Skill Proficiency



Call or visit the Aquatic Center to sign up!
BLDG 3319 • (817) 782-1220

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MOVIE REEL

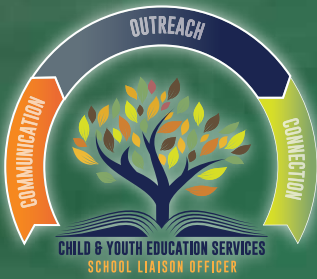
\$2 For Children
\$4 for 3D Movies

\$3 For Adults
\$5 for 3D Movies

Scan here to see what's playing!

Movie Reel offers the best prices in town!
We offer high quality digital picture, surround sound, and 3D!

For the Movie Schedule and Times, call (817) 782-6037 or visit navymwr.org/movies



NAS FW JRB School Liaison Officer
1145 Hercules Rd. Bld. 1145
Fort Worth, TX 76127
Phone: (817) 782-1873
Fax: (817) 782-3892
E-Mail: CNI_FTWO_SLO@navy.mil
Website: www.navy.mwrfortworth.com/child-and-youth/school-liaison-officer



Child and Youth Programs

The School Liaison Officer (SLO) serves as the communications link between military families with school-aged children, the command, and local school districts. As the "point person" for educational issues, the SLO is here to assist military families in addressing school-related issues.

Whether you are part of the Navy or some other branch of service, active duty or reservist, living on base or in the community, the SLO is here to ensure that your child has access to the full range of services available in the local public schools. In addition to providing information about local public schools, the SLO also works to assist families who choose educational alternatives such as homeschool, private or parochial schools, independent study, or online programs.

Local School Districts:

Data on Texas Schools: www.tea.state.tx.us/
Aledo ISD: www.aledo.schoolfusion.us/
Castleberry ISD: www.castleberryisd.net/
Fort Worth ISD: www.fwisd.org/
White Settlement ISD: www.wsisd.com/
Lake Worth ISD: www.lwisd.org/
Eagle Mountain Saginaw ISD: www.emsisd.com/
Keller ISD: www.kellerisd.net/
Crowley ISD: www.crowley.k12.tx.us/

Home School/On Line Info

www.k12.com
www.home-school.com/groups/tx.html
txva.k12.com
www.homeschoolfacts.com/groups/group_states.php/support_groups/texas

Online Resources

Navy Before & After School Care
www.cnic.navy.mil/cyp

Transitioning Information

- Interstate Compact on Educational Opportunity for Military Children: www.mic3.net
- Military One Source www.militaryonesource.com
- DoD Education Agency: www.dodea.edu
- Military Kids Connect: www.militarykidsconnect.org
- Military Teen on the Move: www.defenselink.mil/mtom/
- DoD Education Agency: www.dodea.edu

Deployment

- Military Homefront: www.militaryhomefront.dod.mil

Special Needs/EFMP

- Specialized Training of Military Parents: www.stompproject.org
- Exceptional Family Member Program (EFMP) www.militaryhomefront.dod.mil
- Help for ADHD: www.help4adhd.org
- Operation Autism Online: www.operationautismonline.org

Post-Secondary Preparation

- College Scholarship Info: www.militaryscholar.org
- Government Benefits: www.govbenefits.gov
- Student Aid: www.studentaid.ed.gov

Student Resources

- Tutoring: www.tutor.com
- Student Online Achievement Resources (SOAR): www.soarathome.org
- Online Dictionary: www.dictionary.com

Navy SLOs Provide Seven Core Services to Assist Families:

1. School Transition Services (PCS Cycle)

School Liaison Officers assist families with school transfers and help level the playing field for military children.

2. Deployment Support

School Liaison Officers connect educators with Navy deployment support systems to inform them about the challenges of deployment and the tools which are available to assist educators when working with military children.

3. Special Education System Navigation

School Liaison Officers offer support by providing access to information about resources and services, referring families to special education professionals, and navigating families through the administrative systems within the local education agencies.

4. Command, School, & Community Communication

School Liaison Officers serve as subject matter experts for installation commanders on K-12 issues, as well as assisting to connect command, school, and community resources.

5. Home School Linkage and Support

School Liaison Officers assist military families by providing info and resources pertaining to home schooling issues, policies, and legislation from local school districts, as well as assisting with support services for home school families.

6. Partnership in Education (PIE)

School Liaison Officers help to coordinate volunteer efforts by creating networks and providing resources for installation and community members who have vested interest in the success of all youth.

7. Post-Secondary Preparations

School Liaison Officers leverage installation and school resources by providing military students with access to post-secondary information, resources, and opportunities.



Babytime on base

Monday Feb. 6, 13, & 27 @ 10:30 am
at the Library BLDG. 1802



Mommy & Me

Tuesday Feb. 7, 14, 21, & 28
10:15 AM @ the Library

Join us for an educational play group for moms and kids ages 0 - 4 who want to learn, make firends, and have fun!!



African American Heritage Month Program

Saturday, February 25 • 3pm • Library BLDG 1802

Stories from Melody "AFI" Bell

Melody "AFI" Bell was born in Dallas, Texas. As a child she listened to stories told by her mother's family members. She also developed a love for teaching which led to a ten year teaching career with the Dallas Public Schools as a special educator where she shared her stories with her students.

Melody loved telling stories so much she became a Griot (gree-o) and traveled across the southwest to share her stories and captivate everyone with her poems and songs. Griot means oral historian, storyteller, musician, singer and poet. Melody uplifts the spirit of all people regardless of age and she has a gift we hope you come to experience!



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ADULT BOOK CLUB



Wednesday, February 8 • 4:30 pm - 5:30pm
Lone Star BLDG 2570

Our next book has been chosen! Prepare yourself for our next meeting by purchasing and reading your copy of *The Nest* by Cynthia D'Aprix Sweeney and be prepared to discuss with fellow adults while having a drink!

This is an ADULT event for those 18 years of age and up

Open to all with base access

For more information call:
 Library (817) 782-7735



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School Liaison Parent Workshops

2nd Wednesday of Every Month in 2017!
CDC BLDG 3320 Training Room
Call 817-782-1873 for details!

February 8th, 12pm: How to Document when Dealing with Schools

March 8th, 12pm: What Military Teens Want You to Know!

April 12th, 12pm: Special Education, EFMP Issues

May 10th, 12pm: Challenges of Changing Schools

June 14th, 12pm: How to get the most out of a parent/teacher conference

July 12th, 12pm: K-12/Online/Home Schooling

August 9th, 12pm: Transition to Kindergarten

September 13th, 12pm: Three things parents can model to support a balanced child and adult

October 11th, 6pm BLDG 2570: College/Career Prep Workshop for High School Students/Parents

November 8th, 12pm: Inter-state Compact - What is it and how can it help my children

December 13th, 12pm: Understanding the most important factors that predict and influence Academic Success



Scan for more info



Child and Youth Programs f/NASFWMWR

GIVE PARENTS A BREAK! After Hours Child Care For Parents



Call the CDC @ 817-782-7520 for more details!

Navy CYP welcomes children of all ability levels



Child and Youth Programs f/NASFWMWR

NAVYMWRFORTWORTH.COM

SPRINGFEST

EASTER EGG HUNT

Saturday • April 8th • Time TBA
Softball Field Complex

**FREE Event for
the whole family!
Save the date!**

**Details coming soon...
They will be posted to our
website when available!**



f /NASFWMWR

Sponsored in-part by:



Download the MWR App!



NAVY MWR FORTWORTH.COM

Earth Day Extravaganza

GARAGE SALE

Saturday, April 22 • 9am - 2pm • Bowling Center Parking Lot BLDG 1815

Space Available for Reservation • Price Coming Soon!

Garage Sale • Shredding Truck • Base Clean Up • and MORE!

Follow our website or Facebook Page for details as they come available. Garage sale space will be equal to the length/width of a standard parking space. When available, space may be reserved from the Tickets & Travel Office



For more details, call:
Outdoor Recreation
(817) 782-5551

Tickets & Travel
(817) 782-6121



f /NASFWMWR

Download the MWR App!



NAVY MWR FORTWORTH.COM

SKI TRIP

Angel Fire, New Mexico

February 10th

Military Winterfest Skiway

\$53
@

Price include
VIP access
coin

atory dinner,
ilitary challenge
and lessons!

base @ 7am
ary 10th
Friday, February 3rd

the Tickets &
office to register!
2-6121 • BLDG 1815

SOLD OUT!
Be on the lookout for the next Community Recreation Adventure!

**LIMITED SPACE
AVAILABLE, DON'T
MISS OUT!**

See packet for more details...
Pick up from Tickets & Travel or
download from the "Downloads" section
at [navymwrfortworth.com/recreation/
community-recreation/tickets-travel](http://navymwrfortworth.com/recreation/community-recreation/tickets-travel)



Download the MWR App!



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NAVY MWR FORT WORTH.COM

February 2017



Programs for E1-E6 Single, Unaccompanied Service Members or Geo-bachelors

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Ping Pong Tournament @1900	3	4
5 Super Bowl 51 Watch Party FREE at the Bowling Center	6	7 Mavericks vs. Blazers Van Departs @ 6:00pm Price: \$30	8 Pool Tournament @1800	9	10 Cutting Edge Hunted House Trip @1930 Price: TBA	11
12	13	14 	15	16 NBA 2K17 Tournament @1800	17 Mall & Movie Trip Van Departs @1700	18
19	20	21	22 Courtyard Movie Night @1900	23	24 Liberty Cosmic Bowling Night 7-10pm FREE!!!	25 Paintball @ Fun on the Run @10:00am Price: \$30
26 Humane Society Volunteer Trip @ 1300	27	28				

Single Service-Member Program
BLDG 1566 • 817-782-3175

CUTTING EDGE HAUNTED HOUSE VAIENTINE'S TRIP

FOR LIBERTY ELIGIBLE PATRONS (E1-E6, SINGLE
UNACCOMPANIED OR GEO-BACHELORS)

SATURDAY, FEBRUARY 11
DEPART FROM LIBERTY AT 1930

Price TBA

(transportation included)

Come by for official price on Jan. 27!

. Must Sign up/pay by Feb. 6.

Sign up at the Liberty
Lounge BLDG 1566
to reserve your spot
now!

Call (817) 782-3175 for
details



LIBERTY

f /NASFWliberty

Download the MWR App!

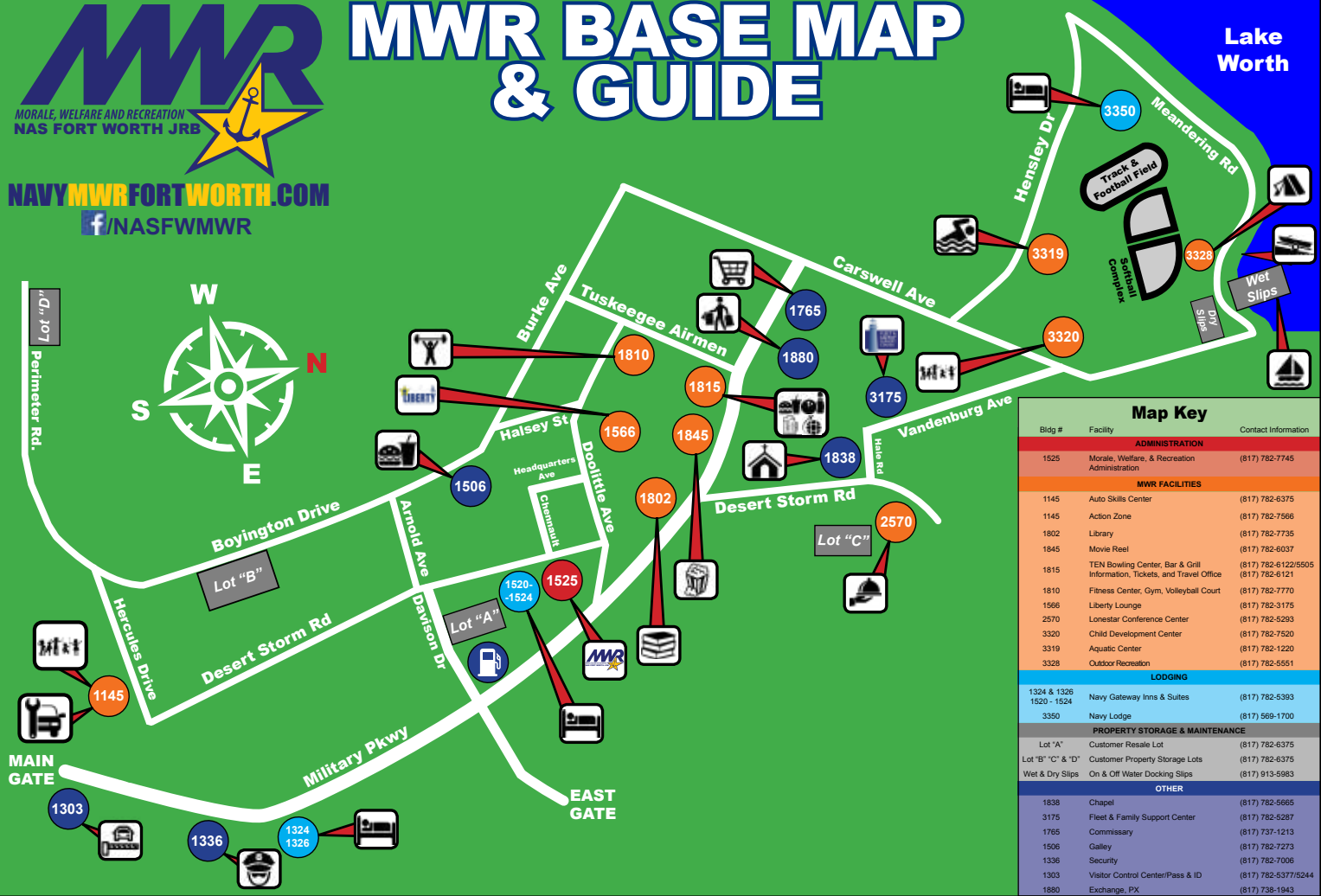
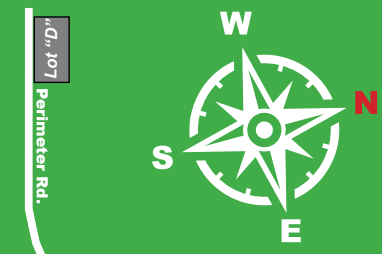


NAVYMWRFORTWORTH.COM



MWR BASE MAP & GUIDE

NAVYMWRFORTWORTH.COM
f/NASFWMR



Map Key		
Bldg #	Facility	Contact Information
ADMINISTRATION		
1525	Morale, Welfare, & Recreation Administration	(817) 782-7745
MWR FACILITIES		
1145	Auto Skills Center	(817) 782-6375
1145	Action Zone	(817) 782-7566
1802	Library	(817) 782-7735
1845	Movie Reel	(817) 782-6037
1815	TEN Bowling Center, Bar & Grill Information, Tickets, and Travel Office	(817) 782-6122/5505
1810	Fitness Center, Gym, Volleyball Court	(817) 782-7770
1566	Liberty Lounge	(817) 782-3175
2570	Lonestar Conference Center	(817) 782-5293
3320	Child Development Center	(817) 782-7520
3319	Aquatic Center	(817) 782-1220
3328	Outdoor Recreation	(817) 782-5551
LODGING		
1324 & 1326	Navy Gateway Inns & Suites	(817) 782-6393
1520 - 1524	Navy Lodge	(817) 569-1700
PROPERTY STORAGE & MAINTENANCE		
Lot "A"	Customer Resale Lot	(817) 782-6375
Lot "B" "C" & "D"	Customer Property Storage Lots	(817) 782-6375
Wet & Dry Slips	On & Off Water Docking Slips	(817) 913-5983
OTHER		
1838	Chapel	(817) 782-5665
3175	Fleet & Family Support Center	(817) 782-5287
1765	Commissary	(817) 737-1213
1506	Galley	(817) 782-7273
1336	Security	(817) 782-7006
1303	Visitor Control Center/Pass & ID	(817) 782-5377/5244
1880	Exchange, PX	(817) 738-1943

MWR Directory

Administrative Office

Bldg. 1525 (817) 782-7745

Action Zone

Bldg. 1145 (817) 782-7566

Aquatic Center

Bldg. 3319 (817) 782-1220

Auto Skills Center/Property Storage

Bldg. 1145 (817) 782-6375

Child Development Center

Bldg. 3320 (817) 782-7520

Fitness Center

Bldg. 1810 (817) 782-7770

Human Resource Office

Bldg. 1510 (817) 782-7787

Liberty (Single Service Member Program)

Bldg. 1566 (817) 782-3175

Library

Bldg. 1802 (817) 782-7735

Lone Star Conference Center

Bldg. 2570 (817) 782-5293

Movie Reel (Movie Schedule)

Bldg. 1845 (817) 782-6037

Outdoor Recreation

Bldg. 3328 (817) 782-5551

School Liaison Officer

Bldg. 1145 (817) 782-1873

"TEN" Bowling Center

Bldg. 1815 (817) 782-6122

Grill (817) 782-5505

Bar (817) 782-7919

Tickets & Travel

Bldg. 1815 (817) 782-6121